

Enkamgak



Boozhoo
 Einoojiinkyok
 Welcome Babies
 2023

Mkwa Giizis (Bear Moon) | February 2024

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Melvin McLeod and Volunteer Firefighters Recognized for Service

On December 21, NFN volunteers were recognized for the work they do for the Fire Department. Thomas Stevens, Eric Boule and Jesse Tremblay were recipients of the NFN Fire and Emergency Services volunteer of the year award.



Chris Hamilton; NFN CEO, Brendan Huston (center); NFN Fire Chief, Melvin McLeod (right)



Chris Hamilton, Eric Boule, Jesse Tremblay, Thomas Stevens and Melvin McLeod

Melvin McLeod was also recognized by the Province of Ontario with the Ontario Fire Services Long Service Medal. It is an appreciation for the dedication and hard work of 25 years of firefighting. His bar was for 30 years.

Congratulations and miigwech for your service and dedication to NFN!

Connect with us!



NFN Membership Portal

The Portal gives exclusive access for NFN members to:

- **View confidential documents** (Robinson Huron Treaty Past Annuities Settlement, Chief & Council)
- Sign up to **receive Enkamgak / Newsletter** and/or **Job Postings by email.**
- **Student registration**

Register at
portal.nfn.ca or
 scan the QR
 code:



West Nipissing Lynx Present Donation to NFN’s Truth and Reconciliation Fund

Denis Commanda, on behalf of the West Nipissing Lynx, presented NFN with a donation to NFN’s Truth and Reconciliation Fund and an orange jersey in honour of Truth and Reconciliation.



Mnogin Greenhouse Update

Things are growing well at the Mnogin Greenhouse, and we recently ramped up operations by starting our third farm to meet increasing demand for our hyper-fresh, delicious, and nutritious produce.



Our products are on the menu at three North Bay area restaurants – Cecil’s, 1886 Lake House Bistro and The Raven & Republic – and in early January, we started selling in bulk to Truly Northern Farms, an owner-operated wholesaler in the Sudbury area. Bulk sales are important for our bottom line and making the business sustainable in the long term. It’s also an efficient way to move a lot of products into local markets to minimize waste and maximize profits as we continue to

develop our sales channels only a few months into our commercial operations.

Our top priority for 2024 is increasing access to healthy, affordable greens for Nipissing First Nation members. Since November, Mnogin produce has been included in NFN’s monthly Good Food Boxes, which can be purchased by contacting Stella Solomon at the Lawrence Commanda Health Centre 705-753-3312. We want to build on this by offering a delivery service to on-reserve households to start.

We understand that our current order pick-up process in Jocko Point during office hours is inconvenient, especially during the winter months. We welcomed a third staff member at the end of November and now have the capacity to provide delivery to improve access to our products within the community.

We Want to Hear from You!

We’re excited to announce that we’ll be launching our own monthly subscription box service soon. To help us plan this new offering and coordinate our new delivery service, we invite community members to complete a short survey so we can learn more about what our customers want, and how we can better serve you.

[Complete the survey](#) and visit our website (mnogin.ca) and our Facebook page ([Mnogin Greenhouse](#)). You can also access the survey by scanning this code:



The survey will remain open until March 1 and can be completed anonymously, however, those who provide their name and contact information will be entered into a draw for a gift basket containing a fresh sampling of many Mnogin products!

How to Order

From our website (mnogin.ca), click on the **Shop Now** button on the bottom right of the page to browse our online store and place your order.



Orders are currently available for pick-up at the greenhouse on Wednesdays from Noon to 1 p.m. or Fridays from Noon to 4:30 p.m.

Coming Soon! Watch for details about our new monthly subscription boxes and on-reserve delivery service.

Continued on page 3

Mnogin Greenhouse Update continued

Learn More

We use state-of-the-art hydroponic technology to grow a variety of lettuces, leafy greens, and herbs year-round in a controlled environment with zero use of synthetic pesticides or herbicides. Our operation is environmentally sustainable and uses 90% less water and 95% less land than traditional agricultural practices while still yielding the same amount of crops.

To learn more about our technology and what we are growing at the Mnogin Greenhouse, visit mnogin.ca.

More Information

If you have any questions or want to know more about the Mnogin Greenhouse project, please contact:

Gen Couchie

Business Operations Manager
705-753-2050 ext. 1243
genc@nfn.ca

Makenzie Jones

Mnogin Greenhouse Manager
705-303-7117
makenziej@nfn.ca

Donna and Donald Couchie Donate Quilts

In the spirit of generosity and community support, Nipissing First Nation is pleased to announce the gracious donation of fourteen handmade quilts by Donna and Donald Couchie.

Their donation will profoundly impact Nipissing First Nation’s programming, as each quilt will bring comfort and joy to those who will experience these handmade treasures.

“We are extremely grateful to Donna and Donald Couchie for their generous contribution to our community. Each quilt is uniquely designed, as many hours went into creating each one. The craftsmanship is remarkable, and we are fortunate to receive their thoughtful gesture.” – Chief McLeod.

Nipissing First Nation would like to thank Donna and Donald Couchie for this gracious donation, kindly accepted by Chief Scott McLeod, Wendy Lariviere (Director of Social Services), and Brendan Huston (Chief Executive Officer).



Pictured from left: Chief Scott McLeod, Wendy Lariviere (Director of Social Services), Donna Couchie, Brendan Huston (Chief Executive Officer), and Donald Couchie.

Miigwech to UFCW Local-175 (United Food & Commercial Workers) for Donation

We are delighted to announce the donation of \$3,000 to the Nipissing First Nation Food Bank from UFCW Local-175 (United Food & Commercial Workers). Your support means the world to us, as this donation will positively impact our community.

The funds received will play a crucial role in supporting our ongoing initiatives to enhance the quality of life for Nipissing First Nation members.

“We are grateful for this generous donation of \$3,000 towards our Food Bank. It's always great to see organizations donating to programs that have such a positive impact within our community. This donation will help us provide additional food supports and relief throughout the month of December and the upcoming holiday season.”—Brendan Huston

Nipissing First Nation would like to thank UFCW Local-175 (United Food & Commercial Workers) for this gracious donation, kindly accepted by Brendan Huston (Chief Executive Officer) and Jessica Cormier (Food Bank Coordinator).



NFN Animal Control

**For domestic animal
(cats and dogs)
concerns**

**Owen Boudreau
Animal Control Officer
705-471-6844**

NFN members 60+ eligible for Respiratory Syncytial Virus vaccine

The Ontario Ministry of Health has expanded eligibility for the publicly funded Respiratory Syncytial Virus (RSV) vaccine to include Nipissing First Nation members and members of their household who are 60 years and older, including those in urban dwellings.

The RSV vaccine is a single dose for individuals 60 and over to reduce RSV-related infection. Studies have shown that the vaccine is over 82% effective.

Respiratory Syncytial Virus (RSV) is a virus that usually causes mild, cold-like symptoms, but can affect the lungs and airways. In older adults, RSV can cause more serious respiratory infections and illnesses and make chronic health problems worse.

The virus is spread from person to person, through sneezing or coughing. Symptoms of RSV include: runny nose, sneezing, coughing, headache, and fever. Some individuals may experience more symptoms, including: difficulty breathing, severe cough, and wheezing.

For more information or to schedule a vaccine appointment, please contact Nipissing First Nation Health Services.

705-753-3312

Donna Tuulos
Community Health Nurse
Extension 2257



Notice to Vendors: Cigarette Quota

To access the **Cigarette Quota for April 2024 to March 2025**, you must submit a Letter of Request by the deadline: **February 28, 2024.**

Requests can be emailed to reneec@nfn.ca, mailed or dropped off in person to the Finance Department at:
36 Semo Road,
Garden Village ON P2B 3K2

If you have any questions, please contact:
Renee Commanda
Senior Finance Officer
705-753-2050 ext. 1280
reneec@nfn.ca

NFN Walking Alongside Services: December and January at a Glance



These past months, the NFN Walking Alongside Services held the following events:

December

- Baby groups
- Martial arts
- Tween night, Christmas cookie making
- Duchesnay drop-in, Sew-cials
- Youth Christmas Dinner
- Gingerbread house building in GV & Duchesnay

January

- Baby groups
- Cooking classes, family movie night
- Sunday football, Tween cooking
- Family Skate
- Sew-cials, Snow Day activities, movie nights, pizza making
- Men's circle



See upcoming February child, youth, and family events on page 19!

E-GIIGDOWAAD | CHIEF & COUNCIL

Attend Chief and Council Meetings and Submit Requests

Council meetings take place on the 1st and 3rd Tuesday of the month. NFN members can attend and stay informed through in-person or virtual attendance.

If you have a request for Council, complete the request form at nfn.ca/chief-council and submit by 4 p.m. the Thursday prior to the meeting. These can be dropped off to the front reception at 36 Semo Rd, Garden Village or emailed to fredam@nfn.ca.

If you have any questions regarding the above, please feel free to contact Freda Martel at 705-753-2050 ext. 1223 or fredam@nfn.ca.

February 6 @ 7:30 p.m. in Garden Village

February 20 @ 7:30 p.m. in Duchesnay

JOIN IN-PERSON:

Confirm your attendance with

Tonya Armstrong at tonyaa@nfn.ca or 705-753-2050 ext. 1229

WATCH THE LIVESTREAM:

NFN Membership Portal at Portal.NFN.ca

Recordings of past meetings are available for 30 days.

Miigwech!

Food Bank Donations

- Monthly donation from *Patrick and Marie Stevens*
- Monthly donation from *Mnogin Greenhouse* (herbs and lettuce)

Food donations from:

- *Springer Animal Hospital*
- *Jocko Point Rd. Christmas Parade*
- *Young Forestry*
- *Gen 7*
- *KanaLeaf*
- *Steve Commanda & Marlene Barnes*
- *Ryan & Carrie Beaucage*
- *Kinoomaadziwin Education Body*

Thank you!

NIPISSING FIRST NATION KENDAASWIN / LIBRARY

Mon	Tues	Wed
9 a.m. - 4 p.m.	9 a.m. - 4 p.m.	9 a.m. - 4 p.m. 6-8 p.m.

Thurs	Fri
9 a.m. - 4 p.m.	9 a.m. - Noon

NEW

Closed for lunch hour (noon - 1 p.m.)



MEMBERSHIP PORTAL

Visit portal.nfn.ca to get started!

EXCLUSIVE FOR REGISTERED NFN MEMBERS

Access a variety of protected content such as Council minutes and Trust Updates. Update and manage your address and mailing preferences.

Visit portal.nfn.ca or scan the QR code



Monthly Draw of **\$50 Gift Card** for all registered Portal members!

MONTHLY DRAW WINNER

November 2023: Shelly Armstrong
December 2023: Jesse Brown

NFN WASTE AND RECYCLING APP

for Apple and Android Devices

Receive notifications for garbage and recycling pick up, delays, change of schedule, and emergencies.

Find information on how to sort waste, proper waste deposal locations, and NFN Landfill schedule.



Visit nfn.ca/public-works/waste/ to download the app, or scan the QR code

Employment Opportunities

Manager, Human Resources - Full Time / Permanent

1st round closes Friday, February 2, 2024 at 4:30 p.m.

2nd round closes Friday, February 9, 2024 at 4:30 p.m.

3rd round closes Friday, February 16, 2024 at 4:30 p.m.

Maintenance / Custodian - Two positions: (1) Full Time / Permanent; (1) Full Time / Contract

1st round closes Friday, February 2, 2024 at 4:30 p.m.

2nd round closes Friday, February 9, 2024 at 4:30 p.m.

3rd round closes Friday, February 16, 2024 at 4:30 p.m.

Supervisor, Childcare (Garden Village) - Full Time / Permanent

1st round closes Friday, January 26, 2024 at 4:30 p.m.

2nd round closes Friday, February 2, 2024 at 4:30 p.m.

3rd round closes Friday, February 9, 2024 at 4:30 p.m.

Manager, First Nation Representative Program - Full Time / Permanent

1st round closes Friday, January 5, 2024 at 4:30 p.m.

2nd round closes Friday, January 12, 2024 at 4:30 p.m.

3rd round closes Friday, January 19, 2024 at 4:30 p.m.

Child and Youth Mental Health and Addictions Counsellor - Full Time / Contract

Open to all qualified applicants until filled.

Family Wellbeing Community Wellness Worker - Full Time / Permanent

1st round closes Friday, January 5, 2024 at 4:30 p.m.

2nd round closes Friday, January 12, 2024 at 4:30 p.m.

3rd round closes Friday, January 19, 2024 at 4:30 p.m.

Manager, Health Living - Full Time / Permanent

1st round closes Friday, January 5, 2024 at 4:30 p.m.

2nd round closes Friday, January 12, 2024 at 4:30 p.m.

3rd round closes Friday, January 19, 2024 at 4:30 p.m.

As per Nipissing First Nation hiring procedures, the following steps are used for screening and recruitment processes:

- 1st Round: Open to all NFN members.
- 2nd Round: Open to registered members of other First Nations and spouses and children of registered NFN members.
- 3rd Round: Open to all applicants (status and non-status).

Nipissing First Nation members are encouraged to apply to all rounds of employment postings. As per Section 24(1)(a) of the Ontario Human Rights Code, Nipissing First Nation gives preference to First Nation applicants for any employment opportunities.

NIHB Coordinator - Full Time / Permanent

1st round closes Friday, January 5, 2024 at 4:30 p.m.

2nd round closes Friday, January 12, 2024 at 4:30 p.m.

3rd round closes Friday, January 19, 2024 at 4:30 p.m.

Program Assistant, Home and Community Care - Full Time / Permanent

Open to all qualified applicants until filled.

Accounts Payable Coordinator - Full Time / Permanent

Open to all qualified applicants until filled.

Administrative and Housing Support Worker - Full Time / Permanent

Open to all qualified applicants until filled.

Family Support Worker - Full Time / Permanent

Open to all qualified applicants until filled.

Finance Support - Full Time / Permanent

Open to all qualified applicants until filled.

Provide clerical, bookkeeping, administrative and other related duties.

Frontline Worker, OWL - Full Time / Contract

Open to all qualified applicants until filled.

First Nation Representative - Full Time / Permanent

Open to all qualified applicants until filled.

Act on behalf of NFN children and families under the Child and Youth Family Services Act in Ontario.

APPLY TODAY!

Submit application to: resumes@nfn.ca

or Fax: 705-753-0207

Full postings and descriptions are available at nfn.ca/jobs

Boozhoo binoojinkhyok Welcome, Babies!



Tyler Jace Droogers

May 13, 2023

3:41 a.m.

7 lbs 1 oz | 51 cm

Kelowna, British Columbia

Parents: Kayla Goulais and Joel Droogers

Grandparents: Doug and Louise Goulais

Great Grandparents: Beatrice and Leo Goulais

Onyx Patrick William Stevens

March 29, 2023

10:32 p.m.

8 lbs 8 oz | 21 inches

Ottawa, ON

Parents: Patrick and Samantha Stevens

Grandparents: Patrick and Marie Stevens

Great Grandparents: Margaret and Laurent Stevens



Boozhoo binoojinkyok



Welcome, Babies!

Elanore (Ella) Rose McLeod

September 1, 2023

8:49 p.m.

7 lbs 7 oz | 50.8 cm

Ottawa, ON

Parents: Matthew and Jessica McLeod

Grandparents: Joseph Warren McLeod / Lynore Mudry; Pamela Sullivan / Shane Sullivan

Great Grandparents: Joseph & Margarite McLeod, Elaine & Walter Mudry; Glenda & Edward Sullivan, Margaret & Ronald Mitchell



Lucas Orion Camba Schnell

August 11, 2023

6:31 a.m.

6 lbs 3 oz | 47.5 cm

North Bay, ON

Parents: Eric and Carisa May Schnell

Grandparents: Bethann and Fred Schnell; Noel and Leony Camba

Great Grandparents: Wilfred and Helen Couchie

Charlotte Emily Couchie Penasse

September 14, 2023

2:21 p.m.

7 lbs 7 oz

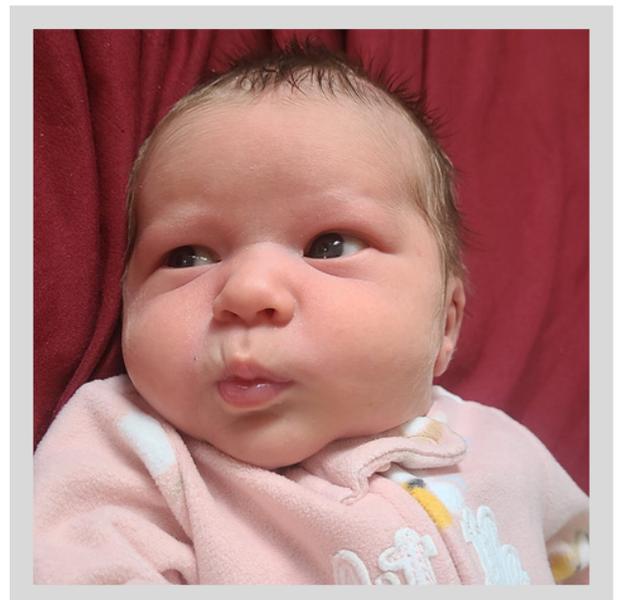
North Bay, ON

Parents: Justice Penasse and Kye Couchie

Siblings: Garrus and Sawyer Couchie-Penasse

Grandparents: Vanessa Penasse, Mike McLeod, Aylan Couchie, Mike Fontaine

Great Grandparents: Karen Penasse, Gerals Chartrand, Daryle Couchie, Eva Rohde-Couchie, Ruth Beattie, Bill Beattie



Boozhoo binoojinhoyok



Welcome, Babies!

Hudson Jeffrey Martel

October 15, 2023

10:08 p.m.

7 lbs 11 oz | 55 cm

North Bay, ON

Parents: Hillary Shabogesis-Martel and Roch Martel

Siblings: Harper Martel

Grandparents: Jeffrey McLeod and Gail McLeod;
Heather Racicot; Madelaine and Maurice Martel

Great Grandparents: Kathleen McLeod and Fred
McLeod; Edward and Linda Racicot



Tanner John Saulis-Rogers

December 10, 2023

12:39 a.m.

6.9 lbs | 21 in

Ottawa, ON

Parents: Farren Saulis and Adam Rogers

Siblings: Lauren Rogers and Alexander Rogers

Grandparents: Tammy and Conrad Saulis

Great Grandparents: Leda and Fred McLeod,
Christine and Herman Saulis, Ramona and Les
Rogers, Helen and John Cabel

Leila Sage Rose Couchie-Drouin

July 18, 2023

9:45 a.m.

7 lbs 2 oz | 48.5 cm

North Bay, ON

Parents: Haylie Couchie and Steven Drouin

Grandparents: Gertrude Couchie, Cheryl
Carswell, Stéphanie Savignac, Robert Drouin

Great Grandparents: Laura Commanda, Alfred
Carswell, Margaret Carswell





Cheyenne Violet Semaa Faubert

June 11, 2023

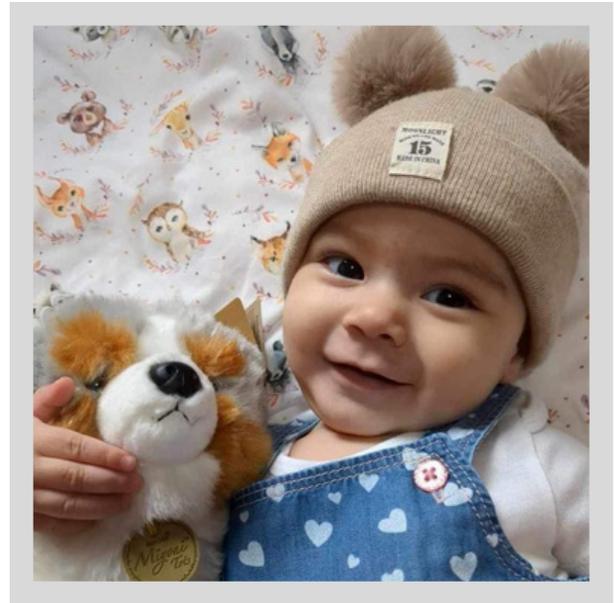
9:31 a.m.

9 lbs 9 oz | 21.5 inches

North Bay, ON

Parents: Seth McLeod-Faubert and Chelsy Andress-Faubert

Grandparents: Lee McLeod-Faubert, Mike Faubert, Vera Calvo-Andress and Kenneth Andress



Ajax Montague Francis

February 8, 2021

9:45 a.m.

9 lbs 14 oz

Richmond Hill

Parents: Frank Francis Raven Spaalan Smith Browne

Siblings: Christopher, Diane, Nebula

Grandparents: Mike (Pax) Browne Bronwen Smith, Allen Francis Violet Mahorean (deceased)

Great Grandparents: Patsie Browne



Finlee Gisele Bain

June 19, 2023

6:57 p.m.

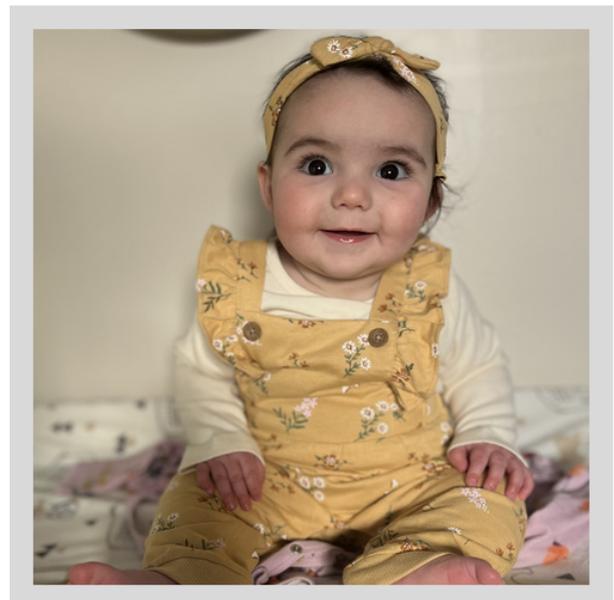
8 lbs 7 oz | 21 inches

Sudbury, ON

Parents: Emily & Charles Bain

Grandparents: Gisele Gagne (predeceased), "Special Grandma" Michelle Banks

Great Grandparents: Henry & Monique Anishnabie





Visit nbisiing.com or [Nbisiing Secondary School Facebook Page](#) for our calendar of events and other school-related information, or call (705) 497-9938.

Winter Circle and Feast

Nbisiing was grateful to welcome Peter Beaucage to conduct our annual Winter Circle. The Nbisiing Red Hawk Drum Group did a fantastic job opening and closing the circle and then we all came together to share a feast. We are proud of the community we've built here at Nbisiing and are grateful we can come together and share memories like these.



Aasgaabwitaadwin at Nipissing University

Aasgaabwitaadwin, meaning "we are standing in support of one another", is an Indigenous Youth Leadership Gathering. Students gathered at the Nipissing University Student Union building to engage in culturally-based activities with Nipissing University Indigenous Student Mentors. Rodney St. Denis shared teachings with students on how to make tikinagans. Students participated in breakout sessions including playing Lacrosse and Ring & Pin.



kdoo-zaagin

I love you



kdaa paawijiiwisk
na?
enhkeh gaawin

Do you want to go out with me? Yes / No





NFN
**DINER'S
CLUB**

Seniors 55+

Wednesday, February 14

**Garden Village Gym
Noon - 1 p.m.**

For more information, contact
Stella at 705-753-3312



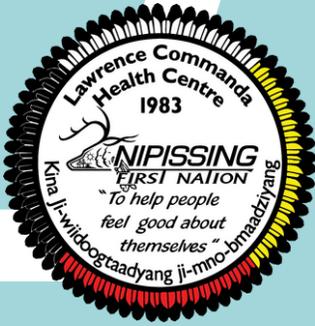
Nimkodaading
“Renewing / Turning Over”
Community Ceremony

Sunday, February 25, 2024
11 a.m. to 2:30 p.m.
Luncheon at Noon
Duchesnay Hall

Participants are encouraged to bring their bundles and/or sacred items to be feasted.

For more information, contact Brady at bradyp@nfn.ca

See NFN February Events calendars on last page of Enkamgak!



A Love for Yourself

Your Heart and Blood Vessels

Join us for lunch and learn how you can help your heart when you have diabetes.

FRIDAY, FEBRUARY 23, 2024
10:30 A.M. TO 1:30 P.M.
DUCHESNAY HALL



Transportation available. Seating is limited.
For more information or to register, call 705-753-3312.

See NFN February Events calendars on last page of Enkamgak!

SNOWSHOE & SKATE RENTALS

For NFN Members and Families



Over 10 pairs of Youth-Adult Snowshoes available



Over 20 pairs Youth-Intermediate Skates

For more information or to request a rental form, please contact Jon at 705-753-2050 ext. 6971 or jonw@nfn.ca

Healing with Horses

With Patrick Buffalo

A wellness, healing, leadership workshop to address healing and wellness in a safe, non-invasive way.

Duchesnay Hall | 10 a.m. to 3 p.m.

March 8, 9, and 10

Register with Jill at jillb@nfn.ca
by Friday, March 1

Let us know which date you would like to attend during registration. Please keep in mind there will be no horseback riding.

Watch the video
"Breaking Stigmas" and see
more of Patrick's
story here:



See NFN February Events calendars on last page of Enkamgak!

These events are not affiliated with NFN. Please contact event organizers for more information.

National Forum on Indigenous Midwifery and Birth

A watch part brought to you by: National Council of Indigenous Midwives and Ktigaaning Midwives

February 27 & 28, 2024

Nipissing First Nation Community Centre in Garden Village
10:00 a.m. to 3:30 p.m.

The National Council of Indigenous Midwives and our local Ktigaaning Midwives present another National Forum on Indigenous midwifery and birth!

Watch parties will be hosted in all directions to facilitate Connecting Together. This virtual forum will include a variety of topics and perspectives from community stories and initiatives, to research and policy. Watch Party hosts will gain access to a suite of resources to host additional in-person activities during the forum.

Breakfast, lunch and refreshments will be provided and there will be generous door prizes to be won. Draws will take place at the end of the event and the prizes will be available to claim after the Watch Party is over.

Ktigaaning Midwives is founded and operated by mother-daughter midwifery team Carol Couchie and Rachel Dennis. They have a combined experience of more than 30 years. They are both members of NFN and they have worked on many First Nations and in large city centres across Canada. Their clinic provides midwifery clinic services through Nipissing First Nation and surrounding area.

Their mission is to provide quality midwifery care, support and guidance to pregnant people, their families, and communities in a safe and culturally appropriate setting open to traditional teachings and ceremonies. Their services honor and incorporate local Indigenous (First Nation) knowledge in relation to the spiritual, emotional, mental and physical experiences of a pregnant person during their childbearing years. They endeavor to provide training and mentorship and provide an environment conducive to inter-professional development to initiate post-colonial and community-based healing and wellness in the area of maternal health and well-being.

Ontario's Midwives are highly skilled and qualified to provide safe and ethical care under the professional standards set by their governing body – the College of Midwives of Ontario.

We are extending invitation to our local leadership, staff of NFN, and local organizations who provide child welfare services and healthy well-being for families to be on board for this grand event to learn and support the importance of value

of Indigenous midwives in our communities and become aware of the benefits of Indigenous midwifery, to culture, to pregnant women, to our language, and healthy living. We will also invite our elders and clients of your/our services who wish to garner a better understanding of midwifery services.

We will extend a formal invitation with more details in the very near future. In the meantime, we ask you to respond and indicate any staff that will attend for planning purposes.

Miigwech,

Glenna Beaucage 705-978-2590 | mrsboke@hotmail.com

on behalf of Carol Couchie & Rachel Dennis, Midwives, Ktigaaning Midwives.

Tentative Itinerary (subject to change)

- 9:00 am Breakfast
- 9:30 am Opening Drum & Thanksgiving
- 9:45 am Welcoming & Introductions
- 10:00 am Open Discussion on Indigenous Midwifery & Birth
- 10:45 am Break
- 11:00 am Resume Open Discussion on Indigenous Midwifery & Birth
- 12:00 pm Catered Lunch
- 1:00 pm Online Watch Party
- 2:00 pm Break
- 2:15 pm Resume Online Watch Party
- 3:00 pm Closing Circle & Draws
- 3:30 pm Depart



This holiday isn't just about love...

IT'S ABOUT SUPPORTING LOCAL SMALL BUSINESSES AT THE VALENTINE'S ARTIST MARKET!

Saturday, February 10, 2024 ❤️ 10am -2PM

NBISIING SECONDARY SCHOOL - GYMNASIUM
469B COUCHIE MEMORIAL DRIVE, NORTH BAY

Natasha Boshaw | natasha.boshaw@gmail.com

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www.shopgreenmedicine.ca



ESTD. 2022

Beaucage Contracting
Insulation Specialist

Tyler Beaucage
Owner/Technician

249-878-9065
beaucagecontracting@gmail.com



OLD IDEAS
=EMPORIUM=

OPEN WEEKENDS & HOLIDAY MONDAYS FROM 10 AM TO 4 PM
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© 115 LITTLE LAKES ROAD

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K'TIGAANING Midwives

40B Couchie Industrial Road
North Bay, Ontario P1B 8G5

T: 705-476-BABY (2229)
F: 705-476-2470

ktigaaning.midwives@gmail.com
www.ktigaaningmidwives.com

George Couchie

www.culturalmindfulness.ca
couchie.george@gmail.com
705-494-6887




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PAULA GOULAIS BAILLIACHE
PIANO LESSONS • 705-845-0117 • GARDEN VILLAGE, ON

Child, Youth and Family Events

Mkwa Giizis (Bear Moon) | February 2024

Namegiizhgd Sunday	Nokiigiizhgd Monday	Niizhgiizhgd Tuesday	Aabtawse Wednesday	Shpinganwang Thursday	Jiibiiatogoiizhgd Friday	Maaniigiizhgd Saturday	
Family Ages 0 to 5: Register with Samantha (samm@nfn.ca) Ages 0 to 12: Register with Victoria (victorial@nfn.ca) Ages 13 to 24: Register with Katie (katiel@nfn.ca) Ages 13 to 24: Register with Ian (ianc@nfn.ca)					1 Sew-cial 65 Juniper 6-9 p.m.	2 Tikinagans Duchesnay Hall 11 a.m. - 1 p.m. Boy's Night GV Library 6-8 p.m. Men's Circle 65 Juniper 6-9 p.m.	3 Movie Night 65 Juniper 6-9 p.m.
4 Tween Cooking 65 Juniper Noon - 3 p.m. <i>Ages 9-12</i>	5 Leafs Night 65 Juniper 6-10 p.m.	6 Baby Group GV Library 11 a.m. - 1 p.m. Girl's Night GV Library 6-8 p.m.	7 Valentine's Crafts Nbising Gym 6-8 p.m. Duchesnay Drop-In Duchesnay Hall 6-9 p.m.	8 Youth Drop-In 65 Juniper 6-9 p.m.	9 Anime Night 65 Juniper 6-9 p.m.	10	
11 Super Bowl Party 65 Juniper 6 p.m.	12	13 Baby Nishnaabemwin GV Library 11 a.m. - 1 p.m. Valentine's Crafts Church Basement 6-8 p.m.	14 Valentine's Day Movie Duchesnay Hall 6-9 p.m. 	15 Sew-cial 65 Juniper 6-9 p.m.	16 Game Night GV Library 6-8 p.m. Gundam Building 65 Juniper 6-9 p.m.	17 Family Kupp 10 a.m. Elder Hang Out 65 Juniper 6-9 p.m.	
18 Battalion Hockey Game 2 p.m.	19 Family Day Family Breakfast GV Gym 9-11 a.m.	20	21 Northern Tikes 4:30 - 7 p.m. Duchesnay Drop-In Duchesnay Hall 6-9 p.m.	22 Youth Drop-In 65 Juniper 6-9 p.m.	23 Pizza Making 65 Juniper 6-9 p.m. Youth Galaxy Movie 5 p.m.	24 Elder Teaching 65 Juniper 6-9 p.m.	
25	26	27 Baby Group GV Library 11 a.m. - 1 p.m. Leafs Night 65 Juniper 6-10 p.m.	28 Duchesnay Drop-In Duchesnay Hall 6-9 p.m.	29 Battalion Hockey Game 6-10 p.m.			

Stay tuned for updates
and Pop-Up Events at

 [@NFNCCW](https://www.facebook.com/NFNCCW)

Community Events

Mkwa Giizis (Bear Moon) | February 2024

Namegiizhgad Sunday	Nokiigiizhgad Monday	Niizhgiihgad Tuesday	Aabtaawse Wednesday	Shpinganwang Thursday	Jiibiiatgogiihgad Friday	Maaniigiizhgad Saturday
Mukwa Miikan Landfill Hours: Saturday - Tuesday 8 a.m. to 4 p.m. <i>Closed during statutory holidays</i>				1	2	3
4	5 	6 Chief & Council Garden Village 7:30 p.m.	7 Food Bank Access Day 	8	9	10
11 	12	13	14  Valentine's Day Diner's Club	15	16	17
18	19 Family Day 	20 Chief & Council Duchesnay 7:30 p.m. 	21 Food Bank Access Day 	22	23 A Love For Yourself Duchesnay Hall 10:30 a.m. - 1:30 p.m.	24
25 Nimkodaading Ceremony Duchesnay Hall 11 a.m. - 2:30 p.m. 	26	27	28	29		

Connect with us!



NFN Membership Portal

The Portal gives exclusive access for NFN members to:

- **View confidential documents** (Robinson Huron Treaty Past Annuities Settlement, Chief & Council)
- Sign up to **receive Enkamgak / Newsletter** and/or **Job Postings by email or mail**
- **Student registration**

Register at
portal.nfn.ca or
 scan the QR
 code:

